Key Timings and Locations

Start Location DAY 1. Finish Location DAY 3 & car parking

Glencoe Ski Area PH49 4HZ

Parking is available at Glencoe Mountain Resort and there is room for everyone if we are sensible. Please park as you are instructed by event marshals.

Registration / Sign on

Thursday 5pm - 8pm & Friday 6am - 6.30am @ Glencoe Ski Centre

Collect your ride numbers and any last-minute info from registration in Glencoe Car Park.

YOU MUST BRING PHOTO ID to registration

You cannot sign on for anyone else.

Day 1 - Friday 3rd June

 $Bag\ drop\ 6.30am - 6.50am$ - We will collect your bags each day and drive them to the finish. The bag van will leave before the first rider starts.

Please don't pack laptops, ipads, anything that is fragile – particularly large screens that crack. You'll be riding, sleeping and eating. Pretend it's the 90's again. Also please remember to take the kit you need for the day OUT before you drop your bag off – once another 100 bags have been piled on top you will not be able to go in and get your shoes/helmet/phone/kitchen sink!!

RIDE START 7am - 7.30am

Starting on a Friday morning we need to avoid the 8-9am commercial traffic on the A82 & A85. So sorry for the earlier start.

Riders will be set off in groups of no more than 20 and at 5 minute intervals. You start with your pals in whichever wave has room for you.

The route will be well signposted with direction arrows and warning notices for riders and other road users.

FINISH The Dome Play Area off West Moulin Rd... you will then get directed to bag collection and hot soup at Escape Route Cycle shop and Cafe on Atholl Rd.

Day 2 - Saturday 4th June

RIDE START & BAG DROP 7am - 8.30am

The Dome Play Area off West Moulin Rd, Pitlochry

TOTH riders will be joined by an additional 100 or so 3 Pistes riders.

Day 2 FINISH & FOOD

The finish line will be in the usual place at the top of the car park with a bowl of hot pasta available inside.

DAY 2 BAG TRANSFER

You will have 2 bag options. 1st one for your main weekend bag going to The Skye Room, Groundfloor, Highland Hotel, MacDonald Resort, Aviemore. The 2nd one for a SMALL bag going to Cairngorm. The 2nd one should be for a warm jacket or similar to wear once finished at CG and your ride downhill to Aviemore. MAKE SURE YOU PUT YOUR BAG IN THE RIGHT PILE!

DAY 3 START 8am -9am

La Taverna Car park, Aviemore

Due to it's relatively flat, and very fast nature, for day 3 we need you spread out as much as possible so groups will be set off at 10 minute intervals.

The Cloud – the ongoing situation with the Corran Ferry means we have to use an alternative route this year. You will follow the usual route to Banavie and then turn LEFT and then immediately RIGHT taking a route through Fort William that avoids the congested main road, emerging onto the A82 at Morrisons. It is imperative you follow the signed route through Fort William, do not attempt a shortcut! The second feed station will be in the Shinty Club on the right just before Morrisons. You then have about 10 miles of A82 PLEASE RIDE SENSIBLY and allow traffic to pass you.

The silver Lining – at North Ballachulish we will turn LEFT taking the scenic route around Loch Leven to Glencoe. Feedstation at the old Ice Factor site in Kinlochleven.

FINISH GLENCOE - BIG BOWL OF PASTA OR CHILLI

Littering

We take this very seriously – anyone found be littering will be removed from the event and barred from future events.

Health and Hygiene

Whilst Covid is a distant memory for many, still nobody really wants your germs regardless of how mild they are so as a common courtesy to other riders please use the hand sanitiser at the feed stations before accessing the food and drink.

Rider support

There will be 2 sweep vans, 2 mobile mechanics, 2 first aid vehicles on the route. Most of the route has mobile signal. We will give you the race control numbers at registration

Mechanics

We have experienced mechanics on the team but they can't work miracles... so please ensure your bike is roadworthy, recently serviced and you are carrying essential spares – tubes, gas/pump, tyre levers, chain tool and spare link (and a spare battery if you have lazy gears!) at the very least.

Accidents / Emergencies

If you see a fellow rider in difficulty, please stop and check they are ok. Stay with them if required and if no mobile signal send someone else onwards to get help.

For serious issues your first call should always be 999, but please also call us, our team might be close by.

Group riding

Days 1 and 3 both start with a gently rolling, predominately downhill par corps. It is most likely (in fact utterly desirable from a riders point of view) that you will remain in your packs of 20 for upwards of 50km. Both days feature key trunk roads through the Scottish Highlands which are wide enough for overtaking. Please be courteous to your fellow road users. It is perfectly legal for you to ride in pairs. Please DO NOT ride more than 2 abreast EVER. When the road narrows (particularly early stages of Laggan Rd on Day 3) please allow other road users to pass safely and single up if necessary.

Safe descending

Day 1 features a couple of tricky, narrow, steep down hills at Ben Lawers, Schiehallion and Trinafour. You have another 2 days ahead of you with faster more fun and less risky downhills, so cool your jets on Day 1 and enjoy the scenery.

DAY 1 possible diversion.

The council have decided to fix the bridge over the River Garry. At the moment it usable by bikes but not cars. The main works probably wont start until June but we won't know for sure until we check the road on the 26th. So we have 2 options – both GPX files are attached. We will let you know at the start line which it is to be. Sorry we cannot make the decision any earlier but cest la vie.

Old a9 bike track day 1

The old A9 bike track features bollards and a few sections of crappy tarmac. It's also a good steady downhill where you can pick up speed. Try to avoid sitting right on each other's wheels and make sure you keep your eyes scanning ahead... for the best steak pie shop in the world at House of Bruar.

Feed stops

Powder, Coke, Water, Aussie Bites, Cake, Kit-Kat, Jelly Bean, Pretzels, Bananas, oranges and whatever is cheap in Costco

DAY 1:

63km Killin (to the right at public toilets

117km Tummel Bridge (to the right in forestry car park (100m to campsite toilets)

145km Struan (end of Old A9 cycle Path - 1km to House of Bruar)

DAY 2

46km Glenshee Ski Area

98km Lecht Ski Area

130km Nethy Bridge

DAY 3

58km Spean Dam

102km Fort William Shinty club

136km The Ice Factor, Kinlochleven

Cut offs

Day 1

Killin - 10am

Keltneyburn – 10.45pm (divert via Logierait)

Tummel Bridge – 12.00 (divert via Sth Loch Tummel)

Trinafour – 12.30pm (divert via HoB)

House of Bruar – 2.00pm

Pitlochry – 4pm

Day 2

Cairnwell Summit 10.30

junction of A93/B976 11.30

Lecht Summit 14.30

Nethy Bridge 16.00

Day 3

Spean Bridge - 11am

North Ballachullish – 3pm (divert via Ballchulish)

Glencoe Ski – 5pm

ROUTES GPX

DAY 1-usual route - GPX https://www.mapmyride.com/routes/view/5025235147/

DAY 1-diversion – GPX https://www.mapmyride.com/routes/view/5538630472/

DAY 2 GPX https://www.mapmyride.com/routes/view/4848633745

DAY 3 GPX https://www.mapmyride.com/routes/view/5454164437/